### ABOUT CAMP

Emory's Child and Adolescent Mood Program (CAMP) is an interdisciplinary clinical research program that aims to provide and improve best practices for children and adolescents with mental health difficulties. The CAMP team includes psychiatrists, psychologists, postdoctoral fellows, and masters-level clinicians who work collaboratively to provide exceptional treatment for your child or adolescent.

# INTERNSHIP IN CLINICAL PSYCHOLOGY

trained in evidenced based assessments and treatments Over the two-year period, psychology interns will be a clinical science program, interns are trained to be both individual therapy, group therapy, parent training, and several clinical responsibilities, including providing exclusively affiliated with the Clinical Psychology PhD research questions and research informs clinical practice that their clinical experiences help them formulate scientists and practitioners in a reciprocal fashion such the clinical science model. As part of our approach as program is consistent with the doctoral program model throughout their careers. The philosophy of the internship variety of settings and continue to develop professionally entry-level clinical psychologists who can function in a education and training in order to graduate competent seeks to build on the skills developed during the doctoral assessment for a variety of patients. The CAMP internship Program at Emory University. Psychology interns have CAMP offers a two-year, part time internship that is



#### UNIVERSITY SCHOOL OF MEDICINE

For details & information about accreditation, visit: www.camp-emory.com/training.htm

12 Executive Park Drive NE, Suite 200 Atlanta, GA 30329





# EMORY UNIVERSITY SCHOOL OF MEDICINE

Child, Adolescent & Young Adult Psychology Internship Program

Department of Psychiatry & Behavioral Sciences

### STATEMENT ON DIVERSITY, EQUITY & INCLUSION

### INTERNSHIP SITE

The CAMP Internship Program is housed within the Department of Psychiatry and Behavioral Sciences at Emory's Brain Health Center. Located in the North Druid Hills area of Atlanta, Georgia, the families we serve reflect the diverse and multicultural population of Metro Atlanta.

# SUPERVISED CLINICAL TRAINING EXPERIENCES

## Individual & Group Psychotherapy

Interns are supervised by licensed psychologists while providing individual and group psychotherapy to children, teens and young adults. Interns use various evidence-based approaches in treatment (including CBT, BA, DBT, ACT, and various exposure therapies).

# Diagnostic & Psychoeducational Assessments

Interns learn how to administer structured and semi-structured interviews and to employ various testing tools to evaluate presenting conditions, provide diagnostic impressions, and make recommendations.

### **Parent Management Training**

Interns have the opportunity to work with parents in developing a behavioral plan to reduce children's noncompliance and defent behaviors

## **Supervision of Supervision Rotation**

This three-month rotation provides second-year interns a chance to supervise a first-year intern on one case. The second year intern is, in turn, supervised by a licensed clinician who provides the intern-supervisor with guidance on supervision processes.

## ADDITIONAL TRAINING EXPERIENCES

#### **Consultation Team**

Faculty and interns participate in bi-weekly consultation team meetings (modeled after DBT consultation team); interns and licensed clinicians work collaboratively to develop case formulations and engage in problem solving.

#### Research Group

Internship faculty and interns meet bi-weekly to discuss research studies, present individual research, and receive feedback and support during the dissertation process.

# DIDACTICS & GRAND ROUNDS

Interns have the opportunity to learn from diverse guest speakers about a variety of topics that are critical for psychology trainees. Topics include assessment methods, evidence-based treatment approaches, supervision professional development, working with special populations, etc. Topics in our Diversity Series include culturally informed care for African American, Asian American, Latinx, LGBTQ youth and families.

In addition to internship-specific didactics, interns can also attend psychiatry grand rounds, which features a variety of lectures, from basic science to multicultural competency, given by prominent speakers from diverse backgrounds.

# SPECIALIZED CLINICS & PROGRAMS

# Healthy Eating and Weight Services (HEWS)

The program is designed to help children, teens and young adults who struggle with eating and weight concerns. DBT, AAT and CBT approaches are used in treatment.

### **Mood Regulation Skills Program**

Using elements of CBT and DBT, this weekly group therapy program is developed for teens who have difficulties managing their mood.

#### Young Adult DBT Clinic

The DBT program uses a multimodal treatment approach (group and individual therapy, coaching) to treat young adults with emotion regulation difficulties.

## **CBT Skills Program for Anxious Children**

This CBT program is designed to help children with GAD, Social, and Separation Anxiety develop skills to reduce worry and avoidance.

### **Incredible Years Parenting Program**

This 10-week behavioral group therapy is designed for parents who need support and skills to manage noncompliant and oppositional children.

## **Child OCD Program at Emory (COPE)**

Interns have the opportunity to serve as a therapist in an Intensive Outpatient Program (IOP) for adolescents ages 12-19 with moderate to severe OCD

#### Our Commitmen

To highlight our commitment to maintaining a diverse and inclusive program, we (a) insure that diversity factors are considered in every aspect of training, (b) allocate educational funds to support the professional development of diverse faculty and interns, and (c) have annual retreats and periodic climate surveys to evaluate our progress and strengthen this commitment.

