# EMORY UNIVERSITY SCHOOL OF MEDICINE STANDARD CURRICULUM VITAE FORMAT

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4. Citizenship: Dual: United States Citizen, Australian Citizen

- 5. Current Titles and Affiliations:
  - a. Academic Appointments:
    - i. Primary Appointments:
       Assistant Professor, Department of Psychiatry and Behavioral Sciences, Emory University School of Medicine; 2016 – Present
  - b. Clinical Appointments:

Director, Emory Adolescent Substance Abuse Treatment Services (EAST), Department of Psychiatry and Behavioral Sciences, Emory University School of Medicine, Brain Health Center; 2016 - Present

6. Licensures/Boards:

Medical License Massachusetts Issued 2013 Georgia Issued 2016

General Psychiatry Massachusetts Issued 2014

7. Specialty Boards:

Child and Adolescent Psychiatry Massachusetts Issued 2015

DEAX Buprenorphine waiver Federally Issued, SAMHSA Center for Substance Abuse Treatment (CSAT), 2015

Addiction Psychiatry Georgia Issued 2016

#### 8. Education:

Combined B.S./M.D., University of Akron and Northeast Ohio Medical University, 2004-2010

## 9. Postgraduate Training:

Residency in Psychiatry, Emory University School of Medicine, Atlanta, Georgia, Ann Schwartz, MD, 2010-2013.

Fellowship in Child and Adolescent Psychiatry, Cambridge Health Alliance, Harvard Medical School Affiliate, Boston, Massachusetts, Sandra DeJong, MD, 2013-2015.

Fellowship in Addiction Psychiatry, Partners HealthCare, Harvard Medical School Affiliate, Boston, Massachusetts, Roger Weiss, MD, 2015-2016.

## 10. Continuing Professional Development Activities:

Adolescent Community Reinforcement Approach (A-CRA) Clinician Certification, Chestnut Health Systems, 2016-Present.

Adolescent Community Reinforcement Approach (A-CRA) Supervisor Certification, Chestnut Health Systems, 2016-Present.

## 11. Committee Memberships:

## a. National and International:

American Academy of Addiction Psychiatry (AAAP):

AAAP Representative to the American Brain Coalition, 2015-Present
Member of the Policy Committee, 2016-Present

American Brain Coalition, Member of the Advocacy Committee, 2016-Present

American Association of Directors of Psychiatric Residency Training (AADPRT) Addiction Task Force, Child Adolescent Psychiatry Consultant to the Committee, 2017-Present

#### b. Institutional:

Program Evaluation Committee (PEC) and Education Policy Committee, Child and Adolescent Psychiatry, Emory University School of Medicine, 2016-Present

Emory Opioid Task Force, Lead Member, 2016-Present

Emory Healthcare Addiction Psychiatrist Search Committee, Chair, 2017-Present

Emory Healthcare Multidisciplinary Pain Board, Member, 2017-Present

#### 12. Peer Review Activities:

## a. Manuscripts:

National and International:
 American Journal of Psychiatry Resident's Journal, 2011-2014

American Journal of Psychiatry Resident's Journal, Guest Editor for Section on ADHD, 2012

American Journal of Psychiatry Resident's Journal, Guest Editor for Section on Adolescent Psychiatry, 2013

The Primary Care Companion for CNS Disorders, 2016-Present

## 13. Consultantships:

Analgesics Solutions, Consultant. MADDERS (Misuse, Abuse and Diversion Drug Event Reporting System) Adjudicator, 2016-Present.

#### 14. Honors and Awards:

1st Place, Joe & Hope Skobba Memorial Resident Research Award, Georgia Psychiatric Physicians Association, 2011

2nd Place, Joe & Hope Skobba Memorial Resident Research Award, Georgia Psychiatric Physicians Association, 2012

1st Place, Joe & Hope Skobba Memorial Resident Research Award, Georgia Psychiatric Physicians Association, 2013

American Academy of Child and Adolescent Psychiatry, Life Member Travel Grant Award, 2013

Group for the Advancement of Psychiatry Fellowship Award, 2013-2014

American Academy of Child and Adolescent Psychiatry (AACAP) Resident Research Award in Substance Abuse and Addiction, supported by NIDA, 2014

American Academy of Child and Adolescent Psychiatry: 2015 AACAP Beatrix Hamburg Award for Best New Research Poster by a Child and Adolescent Psychiatry Resident, "Understanding the Effect of Exposure to Prevention Programming on Adolescent Substance Use Disorders: A National and Statewide Multivariate Comparison," 2015

American Academy of Addiction Psychiatry Fellow Travel Award, 2015

## 15. Society Memberships:

Georgia Psychiatric Association, (2010-2013)

American Psychiatric Association, (2010- Present)

American Medical Association, (2010- Present)

Massachusetts Medical Society, (2013-Present)

American Academy of Child and Adolescent Psychiatry, (2013-Present)

American Academy of Addiction Psychiatry, (2015-Present)

Georgia Psychiatric Association, (2016-Present)

Georgia Substance Abuse Research Alliance (SARA), (2016-Present)

## 16. Clinical Service Contributions:

Developed the Emory Adolescent Substance Abuse Treatment Services (EAST) at the Emory Brain Health Center. EAST is an outpatient treatment service for individuals ages 14-26 who suffer from a range of addictive disorders and mental health conditions. The service provides individual and group

therapy, psychiatric consultation, and medication-assisted treatment.

## 17. Community Outreach:

#### a. General:

Keynote Speaker, Falmouth Community Presentation on Opioid Crisis, Falmouth, MA, 2016

AAAP Representative to FDA Open Public Hearing, Oral Presentation on ER/LA Opioid REMS, Washington, DC, 2016

Panel Discussant, YMCA and Georgia Prevention Project, Prescription Abuse and Heroin Drug Summit, Marietta, GA, 2016

Presenter, Georgia Grantmakers Alliance, Georgia Prevention Project, Lunch and Learn; Addressing the Opioid Crisis, Atlanta, GA, 2017

Panel Discussant, Opioid Prevention Summit, Prevention and Education Strategies, Hosted by Dekalb County Commissioner Larry Johnson, Decatur, GA 2017

## b. Media Appearances:

Provided commentary, Psych Consult Lowers Antipsychotic Use in Kids; Program helped PCPs prescribe more selectively, 2017

Found at: https://www.medpagetoday.com/psychiatry/generalpsychiatry/64525

# 18. Formal Teaching:

# a. Graduate Programs:

## i. Residency Programs:

Lecturer, Adolescent Substance Use Disorders, Cambridge Health Alliance Adult Psychiatry Residency, Cambridge, MA, 2015

Lecturer, Adolescent Substance Use Disorders, Cambridge Health Alliance Adult Psychiatry Residency, Cambridge, MA, 2016

#### ii. Fellowship Programs:

Lecturer, Adolescent Substance Use Disorders and Treatment Implications, Emory Addiction Psychiatry Fellowship, Emory University School of Medicine, Atlanta, GA, 2016

Lecturer, Buprenorphine and Naloxone in High Risk Chronic Pain Patients, Emory Pain Medicine Fellowship, Emory University School of Medicine, Atlanta, GA, 2017

Course Director, Addiction Curriculum. Child and Adolescent Psychiatry Fellowship, Emory University School of Medicine, Atlanta, GA, 2017

Lecturer, Marijuana Use and Implications, Emory Child and Adolescent Psychiatry Fellowship, Emory University School of Medicine, Atlanta, GA, 2017

Lecturer, Epidemiology of Adolescent Substance Use Disorders, Emory Child and Adolescent Psychiatry Fellowship, Emory University School of Medicine, Atlanta, GA, 2017

Lecturer, Neurobiology of Adolescent Substance Use Disorders, Emory Child and Adolescent Psychiatry Fellowship, Emory University School of Medicine, Atlanta, GA, 2017

Lecturer, Treatment of Adolescent Substance Use Disorders, Emory Child and Adolescent Psychiatry Fellowship, Emory University School of Medicine, Atlanta, GA, 2017

## iii. Master's and PhD Programs:

Lecture, Adolescent Substance Use Disorders in the A-CRA Model, Emory Doctoral Clinical Psychology Program, Emory University College of Arts and Sciences, Department of Psychology, Atlanta, GA, 2016

Lecture, Addiction Treatment, Emory Doctoral Clinical Psychology Program, Emory University College of Arts and Sciences, Department of Psychology, Atlanta, GA, 2017

## b. Other Categories

Lecturer, Fetal Alcohol Syndrome and School Impairments, Morse Elementary School Special Education Department, Cambridge, MA, 2013

Lecturer, Fetal Alcohol Syndrome and School Impairments, Putnam Ave. Upper School Special Education Department, Cambridge, MA, 2014

Teaching Associate, Harvard University Freshman Seminar: Frameworks for Understanding Psychological Development, Disorder and Treatment: Learning through Literature and Research, Cambridge, MA, 09/2014-12/2014

## 19. Lectureships, Seminar Invitations, and Visiting Professorships:

#### a. National and International:

Clinical Perspectives presentation at AACAP's 62nd Annual Meeting, Co-Presenter, Guest Lecturer, "Ethical Dialectics and Dilemmas in Using Electronic Medical Records in Child Psychiatry Practice," October 7, 2015, San Antonio, TX

AAAP Annual Meeting, Co-Presenter, "Treatment for Substance Use Disorder Patients on Benzodiazepines: Managing Anxiety Disorders and Insomnia," December 6, 2016, Bonita Springs, FL

# b. Regional:

Georgia Physicians Psychiatric Association CME Winter Meeting, Presenter, "Treatment Resistant Depression in Children and Adolescents," February 10, 2017, Atlanta, GA

Georgia Department of Education Prescription Drug Abuse and Heroin Summit, Presenter, "Adolescent Prescription Drug and Opioid Use," March 1, 2017, Atlanta, GA.

## c. Institutional:

Cambridge Guidance Center, Guest Lecturer, "Adolescent Substance Use Disorders," August 12, 2013, Cambridge, MA

McLean Hospital, Co-Presenter, "Buprenorphine Waiver Training Course," Co-Presenter, October 29, 2015, Belmont, MA

McLean Hospital: The Addiction Research Brown Bag Lunch Seminar Series, Guest Lecturer, "Understanding the Effect of Exposure to Prevention Programming on Adolescent Substance Use Disorders," December 8, 2015, Belmont, MA

#### 20. Abstract Presentations at National/International, Regional, and Institutional Conferences:

#### a. National and International:

Carr E, Vahabzadeh A, **Wittenauer J.** A Content Analysis of Bipolar Disorder Related Video Media on Youtube.com. Presented at American Psychological Association Meeting, Washington D.C 2011 (poster presentation)

Carr E, Wood A, Vahabzadeh A, **Wittenauer J**, Kaslow N. Illuminating the Comorbidity of PTSD, Depressive Symptomatology, and Suicidal Ideation in African American Women: A Mediated Model. Presented at American Psychological Association Meeting, Washington, D.C 2011 (poster presentation)

Lloyd RB, Garrido PJ, Lakia A, Bennasar M, **Wittenauer J**, Carr E, Vahabzadeh A. A Content Analysis of Newspaper Articles Describing Posttraumatic Stress Disorder in the United States and United Kingdom. Presented at American Psychiatric Association Meeting, Hawaii, 2011 (poster presentation)

Lloyd RB, **Wittenauer J**, Skelton, K. Characterization of Somatization in Veterans with Postraumatic Stress Disorder. Presented at American Psychiatric Association Meeting, Philadelphia, PA 2012 (poster presentation)

Vahabzadeh A, **Wittenauer J**, Goldsmith D, Schwartz A. Social Media Engagement and Portrayal of Antidepressant Medication. Presented at American Psychiatric Association Meeting, San Francisco, CA 2013 (poster presentation)

**Wittenauer J**, Hou S, Cook B. Understanding the Effect of Exposure to Prevention Programming on Adolescent Substance Use Disorders: A National and Statewide Multivariate Comparison. Presented at American Academy of Adolescent and Child Psychiatry Meeting, San Antonio, TX 2015 (poster presentation)

# b. Regional

Vahabzadeh A, **Wittenauer J**, Carr E. Schizophrenia, Murder and Newspapers – Investigating the reporting of Schizophrenia in Georgia's Newspapers. Presented at Georgia Psychiatric Physicians Association Meeting, Atlanta, GA 2011 (poster presentation)

Vahabzadeh A, **Wittenauer J**, Carr E. Searching for Schizophrenia: Exploring the depiction of Schizophrenia on Youtube.com. Presented at Georgia Psychiatric Physicians Association Meeting, Atlanta, GA 2011 (poster presentation)

Vahabzadeh A, Carr E, **Wittenauer J**. Improving Prosocial Behavior in Autism Spectrum Disorders: An Overview of Intranasal Oxytocin. Presented at Atlanta Autism Consortium, Atlanta, GA 2011 (poster presentation)

Vahabzadeh A, **Wittenauer J**, Lloyd RB, D'Orio B, McDonald W. Improving Documentation for Involuntary Commitment: An Inter-Developmental Educational Initiative for Resident Physicians. Presented at Georgia Psychiatric Physicians Association Meeting, Atlanta, GA 2012 (poster presentation)

**Wittenauer J**, Vahabzadeh A, Schwartz A. Stigma and antidepressant medication, a content analysis of digital media on YouTube. Presented at Georgia Psychiatric Physicians Association Meeting, Atlanta, GA 2013 (poster presentation)

**Wittenauer J**, Hou S, Cook B. Understanding the Effect of Exposure to Prevention Programming on Adolescent Substance Use Disorders. Presented at Harvard Psychiatry Research Day, Boston, MA 2015 (poster presentation)

**Wittenauer J**, Carlson L, Tester R, McHugh K, Connery H, Bogunovic O. The Role of Case Management in an Outpatient Buprenorphine Program. Presented at McLean Research Day, Belmont, MA 2016 (poster presentation)

### 21. Research Focus:

My area of research focus is in the treatment and prevention of adolescent and young adult substance use disorders.

## 22. Bibliography:

- a. Published and Accepted Research Articles (clinical, basic science, other) in Refereed Journals:
  - Bender E, Springhetti S, Shemisa K, Wittenauer J. Left-Sided Gallbladder (Sinistroposition) With Duplication of the Common Bile Duct. JSLS. 2007;11(1):148–150. PMID: PMC3015804
  - Vahabzadeh A, Goldberg R, Wittenauer J, Posse PR, Juul S. Residents benefit from insights into the role and challenges of psychiatry departments. *Acad Psychiatry*. 2011;35(4):273. PubMed PMID: 21913372
  - 3. Vahabzadeh A, **Wittenauer J**, Carr E. Stigma, Schizophrenia and the Media: Exploring Changes in the Reporting of Schizophrenia in Major US Newspapers. *J Psychiatric Pract.* 2011;17(6):439-446. PubMed PMID: 22108403
  - 4. Carr E, Woods A, Vahabzadeh A, Sutton C, **Wittenauer J**, Kaslow, N. PTSD, Depressive Symptoms, and Suicidal Ideation in African American Women: A Mediated Model. *J Clin Psychol Med Settings*. 2013;20(1):37–45. PMID:22802144
  - 5. Vahabzadeh A, **Wittenauer J**, McDonald WM. Web Based Involuntary Commitment Educational Project for Emergency Medicine Residents, an Interdepartmental Quality Initiative. *Acad Psychiatr.* 2013;37(1):64-65. PMID:23338880
  - 6. **Wittenauer Welsh J**, Rodriguez C, Suzuki J. Bilateral upper extremity cellulitis from injecting crack cocaine dissolved in lemon juice: A case report. *Prim Care Companion CNS Disord*. 2016;18(5). PMID: 27835731
  - Wittenauer Welsh J, Janjua AU, Garlow SJ, McCormick L, Husain MM, Maixner DF, Weiner RD, Hermida AP. Use of Expert Consultation in a Complex Case of Neuroleptic Malignant Syndrome Requiring Electroconvulsive Therapy. J Psychiatr Pract. 2016;22(6):484-489. PMID 27824784
  - 8. **Welsh JW**, Knight J, Shu-Yeu Hou S, Malowney M, Schram P, Sherritt L, Boyd WJ. Association between substance use diagnoses and psychiatric disorders in a clinic-based adolescent and young adult population. *J of Adolescent Health*. 2017.(Epub ahead of print) DOI: 10.1016/j.jadohealth.2016.12.018
  - Votaw VR, Wittenauer J, Connery HS, Weiss RD, McHugh RK. Perceived risk of heroin use among nonmedical prescription opioid users. Addict Behav. 2017;65:218-223. PMID: 27544695
  - 10. **Welsh JW**, Knight JR, Hadland SE. Adolescent Frequent Heavy Drinking from 1991-2015. *Pediatrics*. 2017;139(6):e20170932

## b. Manuscripts Submitted:

1. **Welsh JW**, Passetti, LL, Funk RR, Smith JE, Meyers RJ, Ph.D, Godley MD. Treatment retention and outcomes with the Adolescent Community Reinforcement Approach in emerging adults with opioid use. *Submitted to Addictive Behaviors*.

#### c. Review Articles:

 Wittenauer J, Ascher M, Briggie A, Kreiter A, Chavez J. The Role of Complementary and Alternative Medicine in Adolescent Substance Use Disorders. *Adolescent Psychiat*. 2015;5(2):96-104. ISSN: 2210-6766

## d. Book Chapters:

- Wittenauer J, Ascher M, Rappaport N. Adolescent Substance Use and Associated Problems. In: Scarlett W. (Ed.). Classroom Management: An A-to-Z Guide. New York, NY: SAGE Press; 2015. Print ISBN: 9781452241395
- 2. Brennan T, Luo S, **Wittenauer J**. Chapter 5: Internet Addiction. In: Ascher M., Levounis P. (Eds.). *The Behavioral Addictions*. Washington, DC: Amer Psychiatric Pub; 2015.

# e. Other Publications:

- 1. Vahabzadeh A, **Wittenauer J**. Recession Imposes New Challenges on Psychiatric Care. *Psychiatric News*. 2010;45(23):36.
- 2. Vahabzadeh A, **Wittenauer J**. Treatment of Neuroleptic Malignant Syndrome with Electroconvulsive Therapy. *Am J Psychiatry Res J.* 2010;5(11):12–13.
- 3. **Wittenauer J**, Vahabzadeh A. Reducing and Preventing Cannabis Use in High-Risk Patients. *Am J Psychiatry Res J.* 2011;6(3):13-15.
- 2. **Wittenauer J**. The Role of Oxytocin in Autism Spectrum Disorders. *Am J Psychiatry Res J*. 2011;6(11):6-8.
- 3. **Wittenauer J**. Delivered from Distraction: Getting the Most out of Life with Attention Deficit Disorder; A Resident's Review. *Am J Psychiatry Res J*. 2012;7(7):18.
- 4. **Wittenauer J**, Baptiste C, Colvin E. Correlation and Treatment of ADHD in Substance Use Disorders. *Am J Psychiatry Res J.* 2012;7(7):15-16.
- 5. Vahabzadeh Vahabzadeh A, **Wittenauer J**. Reaping the Rewards of Collaboration. *Psychiatric News*. 2012;47(9):16.
- 6. Ascher M, **Wittenauer J**, Heru A, Berman E. Confidentiality and the Family: 5 Guidelines for Better Outcomes. *Psychiatric Times*. Published online, April 11, 2013.
- 7. **Wittenauer J,** Ascher M. 'Prescribing' Companion Animals for Patients with Mental Illness. *Clinical Psychiatric News*. Published online May 10, 2013.
- 8. Ascher M, **Wittenauer J**, Avery J. Alternatives to the 12-Step Groups. *Current Psychiatry*. 2013;12(9):E1-E2.
- 9. **Wittenauer J**, Rappaport N. Risk Assessment of Students' Online Behaviors: The Role of the Mental Health Consultant. *JAACAP Connect.* 2015;2(3).

- 10. Rappaport N, **Wittenauer J**. Is this student safe at school? The Safety Assessment Model. *Education Leadership*. 2015;73(2).
- 11. **Wittenauer J**. When is Enough Just Right: Navigating the New EMR World from a Trainee's Perspective. *The American Academy of Child and Adolescent Psychiatry News* 2015;46(3):114-115.
- 12. **Witternauer J.** AAAP Urges Expanding Prescriber Training at Hearing. *American Academy of Addiction Psychiatry News*. Summer 2016 Edition.